

WELCOME to MAUI

After 15 years at the thorny, rocky Ulupalakua Ranch on Maui's brutally hot south shore, XTERRA's world championship was relocated to the greener, cooler land of Maui's north-facing shore in Kapalua in 2011. The nearly man-made bike course is described as a "tropical roller-coaster ride through pineapple fields and forests."

PERILOUS PARADISE

D.T. Fleming Beach, voted the world's best beach in 2006 by travel expert "Dr. Beach," is also home to choppy waters and a shorebreak that beats up swimmers before they make landfall.

HARD GROUND

In 2011, after passing Melanie McQuaid for the lead, Lesley Paterson face-planted less than a mile from the finish line before taking the win. McQuaid collapsed from exhaustion near the finish and had to be carried off the course.

GAME OF STONES

Makaluapuna Point, better known as "Dragon's Teeth," is a short walk from the finish line and was formed from one of Maui's last lava flows. The area is an ancient Hawaiian burial ground, so visitors tread lightly.

UNCHARTERED LINKS

The bike's "lower bowl" section is on an old golf course that's re-cut each year by XTERRA staff to keep the vegetation at bay.

Stinky Gulch

2016 posted the slowest winning times on record, due to big waves and muddy, rain-soaked trails. When it's wet, the muddiest section of the bike course can be found at this aptly named spot.

SWIM
BIKE
RUN

XTERRA'S World Championship COURSE

Duck Tales

At the top of the run course sits an unexpected mountain lake filled with ducks.

RAZOR RIDGE

Famous for 100-foot drop-offs on either side and incredible views, be sure to take your pictures on practice day, as this section is off-limits to spectators.

Tree Time

Riders weave through 60-foot-high Ironwood evergreens at mile three of the bike.

KONA ~ 100 mi

The fastest combined time for each gender from the IMWC and XTERRA World Championship wins "The Double"—a \$2,500 bonus for pros or a four-night stay at a Maui Outrigger Resort for amateurs.

Course Record? WHAT COURSE RECORD?

Due to ever-changing routes, the only true constant is this course's level of difficulty: Athletes will climb over 3,500 feet during the 32K bike and 1,200 feet on the 11K run.