

# triathlete + SEASON PLANNING WORKSHEET

## TOP PRIORITIES:

Process • Outcome • Race Day • Social Pull • Location • Logistics

## SUPPORTING PRIORITIES:

Race Date • Race Distance • Camaraderie • Venue • Course • Logistics

	Sprint	Olympic	Half	Full
Last Year				
Rough Outline				
Revised Outline				
Rough Draft				
Final Draft				

January	February
March	April
May	June
July	August
September	October
November	December