

CONTEST RULES

NO PURCHASE NECESSARY TO ENTER, PLAY OR CLAIM A PRIZE.

A PURCHASE OR PAYMENT WILL NOT INCREASE AN ENTRANT'S CHANCES OF WINNING.

1. **Eligibility:** This Contest is available only to those persons, [21] years of age or older (at the time of entry), who are legal residents of the United States or the District of Columbia. Employees of Pocket Outdoor Media and any company or entity providing any Prize to be awarded in connection with the Contest and any of their respective owners, parent companies, affiliates, directors, subsidiaries, franchisees, representatives, advertising, promotion and production agencies, agents and their immediate family members of any of the above (meaning spouses, parents, siblings and children living in the same household) and/or those living in the same household (whether related or not) are not eligible to enter or win.
2. **Timing:** Submissions will be accepted beginning at 12:01 a.m. Mountain Time, May 29, 2020. The submission period will end on May 31, 2020 at 11:59 p.m. Mountain Time.
3. **Prize:** Two prize packages will be awarded, each consisting of: a Strava Premium membership, a Giro Vanquish MIPS helmet, and a Roll Recovery R3 foot roller. One prize package will be awarded to an entrant who participates in the contest via the Facebook Group and one prize package will be awarded to an entrant who participates via the Strava Club. The two winners will be selected at random from the entrants on those respective platforms.
4. **How to Enter:** All entrants must submit their "Triathlete Challenge: At Home" results either via the Triathlete Challenge Facebook Group or the Triathlete Magazine Strava Club. Entrants may post a photo of their strength, bike, and run workouts in the Facebook Group OR post the activity to the Strava Club. Entries will only be accepted via the Facebook Group or Strava Club. Each entrant should only pick one method of entry, not both. Any form of entry other than as specified in these Rules is prohibited and will result in disqualification. All entry materials may be used in selection process for contest finalists.
5. **REQUIREMENTS OF ENTRIES:** Entries may not contain, as determined by Triathlete, in its sole discretion, any content that:
 - Is sexually explicit or suggestive; unnecessarily violent or derogatory of any ethnic, racial, gender, religious, professional or age group; profane or pornographic; contains nudity;
 - Promotes alcohol, illegal drugs, tobacco, firearms/weapons (or the use of any of the foregoing); promotes any activities that may appear unsafe or dangerous; promotes any particular political agenda or message;
 - Is obscene or offensive; endorses any form of hate or hate group; • Appears to duplicate any other submitted entries;
 - Defames, misrepresents or contains disparaging remarks about Sponsor, its products or services, other people or companies;

- Contains copyrighted materials owned by others (including music or literature), without permission, to the extent permission is necessary; Contains materials embodying the names, likenesses, voices, or other indicia identifying any person (living or dead), such as license plate numbers, personal names, e-mail addresses or street addresses, including, without limitation, celebrities and/or other public or private figures, living or dead, without permission, to the extent permission is necessary;
- Communicates messages or images inconsistent with the positive images and/or good will with which Sponsor wishes to associate; and/or
- Violates any law.

The entry must be the original work of the entrant, may not have been previously published, may not have won previous awards, and must not infringe upon the copyrights, trademarks, rights of privacy, publicity or other intellectual property or other rights of any person or entity. If the entry contains any material or elements that are not owned by the entrant, and/or which are subject to the rights of third parties, the entrant is responsible for obtaining, prior to submission of the entry, any and all releases and consents necessary to permit the use and exhibition of the entry by Triathlete in the manner set forth in these Rules, including, without limitation, name and likeness permissions from any person (and, if minor, such minor's parent or legal guardian) who appears in or is identifiable in the entry. Triathlete reserves the right to request proof of these permissions in a form acceptable to Triathlete from any entrant at any time. Failure to provide such proof may, if requested, render the entry null and void. By making an entry, the entrant warrants and represents that he/she and any persons appearing or who are identifiable in the entry consent to the submission and use of the entry in the Contest and to its use as otherwise set forth herein.]

6. Guidelines and Restrictions:

Entry is limited to one (1) entry per person. If it is discovered that any person has attempted to: (a) obtain more than one (1) entry per person and/or (b) use (or attempt to use) multiple names, identities and/or more than one (1) email address to enter the Contest; then (at the sole and absolute discretion of Triathlete) he/she may be disqualified from the Contest. Each entrant represents and warrants that his/her entry conforms to these Rules and understands that Triathlete, in its sole discretion, may disqualify the entry for any reason, including if it determines, in its sole discretion, that the entry fails to conform to these Rules in any way or otherwise contains unacceptable content as determined by Triathlete, in its sole discretion. All entries are subject to verification. The Triathlete reserves the right, in its sole discretion, to require proof of identity and/or eligibility (in a form acceptable to the Triathlete – including, without limitation, government issued photo identification) to participate in this Contest. Failure to provide such proof to the satisfaction of the Triathlete in a timely manner may result in disqualification.

THE RELEASED PARTIES WILL BEAR NO LEGAL LIABILITY REGARDING THE USE OF YOUR ENTRY(S) (OR ANY COMPONENT THEREOF) BY, OR ON BEHALF OF, TRIATHLETE OR POCKET OUTDOOR MEDIA. THE RELEASED PARTIES SHALL BE HELD HARMLESS BY YOU IN THE EVENT IT IS SUBSEQUENTLY

DISCOVERED THAT YOU HAVE DEPARTED FROM OR NOT FULLY COMPLIED WITH ANY OF THESE RULES.

7. Prize Acceptance: The winner will be notified by email will be required to respond within ten (10) business days of notification in order to claim his/her prize. In the event of noncompliance, if a winner cannot be reached at the email address on that winner's entry, or if a prize notification is returned as unclaimed or undeliverable, that prize will be forfeited, and an alternate winner will be selected by the method described above. No substitution of any prizes will be offered. No prize transfer permitted. All taxes, fees, and surcharges on prizes are the sole responsibility of the prize winner. All expenses are the responsibility of the prize winner. The winner may be required to furnish proof of identification and other proof of eligibility under these Rules. Acceptance of a prize will constitute permission to use winner's name, photo(s), hometown, likeness, statements or prize information for advertising and publicity purposes worldwide in connection with the Contest without limitation and without additional compensation, except where prohibited. The Released Parties will not be responsible for any and all claims of any kind to or of any person or property (including, without limitation, death of any person), arising in whole or in part, directly or indirectly, from acceptance, possession, use or misuse of a prize, participation in any Contest related activity, or participation in this Contest.
8. Acceptance of a prize will constitute permission to use winner's name, photo(s), hometown, likeness, statements or prize information for advertising and publicity purposes worldwide in connection with the Contest without limitation and without additional compensation, except where prohibited. The Released Parties will not be responsible for any and all claims of any kind to or of any person or property (including, without limitation, death of any person), arising in whole or in part, directly or indirectly, from acceptance, possession, use or misuse of a prize, participation in any Contest related activity, or participation in this Contest.
9. General Conditions: This Contest is governed by the laws of the State of Colorado and all claims relating to the Contest must be resolved in the state or federal courts located in Boulder County, Colorado. All federal, state, and local laws and regulations apply. Void where prohibited by law.

All entry materials become property of Triathlete. By entering, the entrant agrees to the use of his/her name, address, photograph, videotape, or any likeness for advertising or publicity purposes and to the use of statements made by or attributed to the entrant relating to Sponsor or to this promotion and releases any and all rights to said use without further compensation.

Triathlete, Pocket Outdoor Media, and all participating companies offering prizes in this contest are not responsible for and shall not be liable for: (a) electronic, hardware or software program, network, Internet or computer malfunctions, failures, or difficulties of any kind, server malfunction, failed computer, network, telephone, satellite or cable hardware or software or lines, or technical failure, or jumbled, scrambled, delayed or misdirected transmissions, computer hardware or software malfunctions or any human, mechanical or technical or electronic error which may occur in the collection and processing of entries and/or votes; (b) failed, incomplete, garbled or delayed computer transmissions; (c) lost, late,

misdirected or incomplete entries, votes or personal information or mail; or (d) any condition caused by events that may cause the Contest to be disrupted or corrupted, regardless of the reason. In the event of sabotage, acts of God, terrorism or threats thereof, computer virus or other events or causes beyond Triathlete's control, which corrupt the integrity, administration, security or proper operation of the Contest, Triathlete reserves the right, in its sole discretion, to modify, cancel or suspend the Contest. In the event of cancellation, Triathlete reserves the right to award the grand prize from among all eligible, non-suspect entries received prior to the event requiring such cancellation. In the event of any discrepancy or inconsistency between the terms and conditions of these Rules and disclosures or other statements contained in any Contest-related materials, the terms and conditions of these Rules shall prevail, govern and control. Please review Triathlete's privacy policy at <https://pocketoutdoormedia.com/privacypolicy/>. By participating in the Contest, entrants agree to all of the terms and conditions of this privacy policy of Triathlete. By entering, entrants agree to be bound by these Rules, and by the decisions of Triathlete (and/or its designated representatives) with respect to all aspects of this Contest, which are final and binding on all entrants without right of appeal, including, without limitation, any decisions regarding the eligibility/disqualification of entrants, entries and/or votes.

10. Prize Winner's List: For the name of the Triathlete Challenge: At Home winners, send a self-addressed, stamped envelope to: Pocket Outdoor Media, 4745 Walnut St., Unit A, Boulder, CO 80301 USA.
11. Contest Sponsors: Correspondence may be sent to Pocket Outdoor Media, 4745 Walnut St., Unit A, Boulder, CO 80301 USA.. This Contest is in no way sponsored, endorsed or administrated by, or associated with, Facebook®, OR ANY OTHER NAMED PRIZE BRAND. Each Entrant understands that he/she is providing his/her information to Triathlete and Pocket Outdoor Media. The information the entrant provides will only be used for the administration of this Contest and in accordance with the privacy policy. Facebook and Strava are completely released of all liability by each entrant in this Contest. Any questions, comments or complaints regarding the Contest must be directed to Triathlete and Pocket.